

BREAKFAST MENU

Beverage Selection

Regular or Decaffeinated Coffee
(served with Hot Milk)

English Breakfast Tea (Regular or Decaffeinated)

Speciality Teas (choice of Assam, Darjeling, Earl Grey,
Ceylon, Lapsang Souchong & Green Tea)

Choice of Herbal Teas
(including Mint and Camomile)
Hot Chocolate

Starters

Start the morning with a Glass of Orange, Apple,
Grapefruit or Tomato Juice.

Selection of Breakfast Cereals, including;
Weetabix, Oatabix, Cornflakes, Rice Crispies, Muesli,
All Bran or Bran Flakes, Special K with Red Berries
& Crunchy Nut Cornflakes.

Porridge Oats

Grapefruit Segments
Prunes

Selection of Low Fat Yoghurts (Fruit or Natural)

Main Breakfast Selection

Traditional Summerhill Breakfast

(Two Rashers of Bacon, Cumberland Sausage,
Pork Sausage, choice of Fried, Scrambled or Poached Free
Range Eggs, Black Pudding, Grilled Tomatoes, Fried Bread,
Mushrooms & Baked Beans)

Summerhill Vegetarian Breakfast

(Quorn Sausage, choice of Fried, Scrambled or Poached
Free Range Eggs, Sauté Potatoes, Grilled Tomatoes,
Mushrooms, Fried Bread & Baked Beans)

BREAKFAST MENU

Huevos Rancheros

(Free Range Eggs cooked in a typical Mexican
Sauce of Tomato, Onion, Chilli & Corriander served
in a Crispy Tortilla)

Cold Ham or Cheese

Eggs

Poached Eggs on Buttered Wholemeal
or White Toast

Scrambled Eggs on Buttered Wholemeal
or White Toast

Boiled Eggs (served with Buttered Wholemeal
or White Toast)

Smoked Fish

Grilled Scottish Kippers - brushed with Extra Virgin
Olive oil and served with Grilled Tomatoes

Smoked Fillet of Haddock - brushed with Extra Virgin
Olive oil and served with Poached Eggs

Toast & Preserves

Choice of Wholemeal or White Toast
Selection of Jams & Marmalades
Marmite
Honey

PACKED LUNCHES

If you're going out for the day, why not let us make
you up a packed lunch.